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CONSUMPTION PREVENTED, NOT CURED.

The Greatest Benefaction of Science Checks Disease Before It Reaches the Lungs.

Doctor Copeland Again Urges the Truth of His Theory, the Only Sound Theory in Lung Disease, the Theory Proved a Thousand Times, and Again a Thousand in His Practice, That the Only Proper Course, the Only Rational Course, the Only Scientific Course in the Treatment of Consumption Is to Cure the Catarrhal Stages.

So much interest has been aroused by the series of articles by Doctor Copeland on the relation of Catarrh to Consumption that he has, in the following talk, explained what his experience has taught him in all the years of his practice concerning Catarrh and Consumption. Doctor Copeland says:

"The great trouble that I find is to explain to the people so they will understand it the importance of taking care of their breathing apparatus, which is undoubtedly the most important part of the body. While man may live quite a time without food and without water, he dies in a very few minutes when robbed of air, and if he does not get air in sufficient quantity and of proper quality he will suffer and linger along until he develops an incurable disease, from which he will die. It is very hard to show the people how simple, common Catarrh, which is so prevalent, is a forerunner of such serious consequences as Bronchitis and Consumption.

Great Risk Taken.

"I would like to appeal directly to every thinking person in the world with a positive fact, namely, that each one I address I want to consider that he is running a gauntlet that is an extremely risky one when he allows himself to remain uncured from any form of Bronchial or Catarrhal Lung disease, for no matter who you may be, you stand one chance out of seven of dying of Consumption. In other words, every seventh person in the United States gets Consumption and dies from it. A great many more people than one out of seven get Consumption, but some of them, by change of climate and by proper doctoring, get cured. I should think that fully one person out of every five develops Consumption, while statistics prove beyond question that one out of seven dies from it.

"In a climate like this, people are subject to diseases of the breathing apparatus, and the greatest number of those so affected begin with Catarrh of the Nose and Throat, which after a time extends into other parts.

Danger from Catarrh.

"There are some persons, and indeed a number of them, who have an immunity from Consumption, but it will be found on close investigation that such persons do not contract colds easily and do not develop Catarrh from the colds. Every person who has Catarrh is carrying around with him a disease that is liable at any time to allow the development of Consumption.

"In some persons the strength and vitality of youth allows them to prevent the advancement of Catarrh into the lungs, and while they may be annoyed with nasal or throat Catarrh during the early part of their life, they suffer no serious constitutional disease as a result of it. But even such persons, when they grow old, find they are beginning to cough, and the cough is always very bad during the Winter, and gradually gets worse as they grow older and weaker, until at last it carries them away.

No Immunity for the Old.

"It used to be thought that only young people and people of middle age developed Consumption, but it has been found of late years that there are just as many old people who suffer from Consumption as there are young people, and that old people suffer from that form of Consumption almost exclusively that results from Catarrh. Two-thirds of the people who live past the sixtieth year of this climate die from Consumption that starts with Catarrh during the early part of their lives.

"It is like this: Youth can resist much; good constitutions can resist much, but in the latter end of man's existence his first return lower, his youth is gone, his vitality is gradually sapped and disease is allowed to extend into his vital parts.

"As I have said before, Catarrh in the form of Catarrhal Consumption is not the only form of Consumption, but the history of nearly every case of Consumption is the history of Catarrh that has extended from the nose to the throat, from the throat to the bronchial tubes and thence to the lungs. Those people even after they have developed Consumption, and finding that they still take cold easily and have exaggerated Catarrh symptoms, often try to persuade themselves that they are only suffering from Catarrh, and that their lungs are not affected.

No Cure for Consumption.

"I have spent as much time as any doctor that I know of in investigating all the so-called cures of Consumption. I find after twenty years of investigating that there is no reliable cure for Consumption, nor do I believe there ever will be such a cure found.

The Proper Course.

"The proper course in dealing with Consumption is to prevent it. I know that those people who are careful of their breathing apparatus, who have their Catarrh cured, rarely, if ever develop Consumption, so I wish to thoroughly understand that I do not claim to cure Consumption, but I am on record as saying that it is my aim, and has been for years past, to rid people of the disease that so often prepares the way for Consumption, namely, Catarrh, and that in doing this I am satisfied that in the majority of cases, at least, I am able to prevent Consumption."

THE PROPER COURSE FOR SUFFERERS.

The proper course for sufferers is this: Read these symptoms carefully over, mark those that apply to your case, and bring this with you to either of the Copeland offices. If you live away from the city, send them by mail, and ask for home treatment. In either instance, and whether by mail or office treatment, the patient may be assured of the speediest relief and cure possible to enlightened medicine.

CATARRH OF HEAD AND THROAT.

The head and throat become diseased from neglected colds, causing catarrh, when the condition of the blood predisposes to this condition.

- "Is the voice husky?"
- "Do you spit up slime?"
- "Do you ache all over?"
- "Do you snore at night?"
- "Is your nose stopped up?"
- "Does your nose discharge?"
- "Does your nose bleed easily?"
- "Is this worse towards night?"
- "Does the nose itch and burn?"
- "Is there pain in front of head?"
- "Is there pain across the eyes?"
- "Is there tickling in the throat?"
- "Do you blow out snobs at night?"
- "Is your sense of smell leaving?"
- "Do you hawk to clear the throat?"
- "Is the throat dry in the morning?"
- "Are you losing your sense of taste?"
- "Do you sleep with your mouth open?"
- "Does your nose stop up towards night?"

CATARRH OF BRONCHIAL TUBES.

This condition often results from catarrh, extending from the head and throat, and, if left unchecked, passing down the windpipe into the bronchial tubes, and in time attacking the lungs.

Miss J. Dillen, 80 Wiloughby St., Brooklyn, testifies to Dr. Copeland's skill in curing Catarrh of Nose, Throat and Stomach.



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- "Are you losing flesh?"
- "Do you cough at night?"
- "Have you a pain in side?"
- "Do you take cold easily?"
- "Is your appetite variable?"
- "Have you stitches in side?"
- "Do you cough until you gag?"
- "Do you raise frothy material?"
- "Do you cough so going to bed?"
- "Do you cough in the morning?"
- "Are you low spirited at times?"
- "Do you spit up yellow matter?"
- "Is your cough short and hacking?"
- "Do you spit up little cheesy lumps?"
- "Have you a disgust for fatty foods?"
- "Is there a tickling behind the palate?"
- "Do you feel you are growing weaker?"
- "Is there a burning pain in the throat?"
- "Have you pain behind the breastbone?"
- "Do you cough worse night and morning?"
- "Do you have to sit up at night to get breath?"

CATARRH OF THE STOMACH.

This condition may result from several causes, but the usual cause is catarrh, the mucus dropping down into the throat and being swallowed.



Mrs. Max Ahlert, Rockaway Beach, L. I. Cured of Disease of the Kidneys.

- "Is there nausea?"
- "Are you constipated?"
- "Is there vomiting?"
- "Do you belch up gas?"
- "Have you waterbrash?"
- "Are you light-headed?"
- "Is your tongue coated?"
- "Do you hawk and spit?"
- "Is there pain after eating?"
- "Are you nervous and weak?"
- "Do you have sick headaches?"
- "Do you bloat up after eating?"
- "Is there disgust for breakfast?"
- "Have you distress after eating?"
- "Do you at times have diarrhoea?"
- "Do you at times bleed to the head?"
- "Is there a rush of blood to the head?"
- "Is there constant sensation in stomach?"
- "Do you feel as if you had lead in stomach?"
- "When stomach is empty do you feel faint?"
- "Do you belch material that burns throat?"
- "If stomach is full do you feel oppressed?"

SYMPTOMS OF EAR TROUBLES.

Deafness, and ear troubles result from catarrh passing along the Eustachian tube that leads from the throat to the ear.

- "Is your hearing falling?"
- "Do your ears discharge?"
- "Are your ears dry and scaly?"
- "Have you pain behind the ears?"
- "Is there throbbing in the ears?"
- "Is there a buzzing sound heard?"
- "Do you have a ringing in the ears?"
- "Are there crackling sounds heard?"
- "Is your hearing bad cloudy days?"
- "Do you have catarrh occasionally?"
- "Are there sounds like steam escaping?"
- "Do your ears hurt when you blow your nose?"
- "Do you constantly hear noises in the ears?"
- "Do you hear better some days than others?"
- "Do the noises in your ears keep you awake?"
- "When you blow your nose do the ears crack?"
- "Is hearing worse when you have a cold?"
- "Is roaring like a waterfall in the head?"

DISEASE OF THE NERVES.

The majority of nervous diseases are caused by poison in the blood. Poison circulating in the blood harasses the brain and nerves, and such symptoms as these follow:



Thomas Fenton, 73 Montgomery St., N. Y. City, testifies to Dr. Copeland's skill in curing Catarrh of Liver and Stomach.

- "Do you feel giddy?"
- "Is your mind dull?"
- "Are you easily dazed?"
- "Do you have headaches?"
- "Are you easily excited?"
- "Do your hands tremble?"
- "Does your heart flutter?"
- "Are you easily irritated?"
- "Are you always anxious?"
- "Do your muscles twitch?"
- "Is your temper irritable?"
- "Suffer from sleeplessness?"
- "Are you easily frightened?"
- "Does not sleep refresh you?"
- "Do you forget what you read?"
- "Do you suffer with neuralgia?"
- "Do you start in your sleep?"
- "Do you have horrible dreams?"
- "Is there a rush of blood to the head?"
- "Do your legs and arms go to sleep?"
- "Do you have a languid, tired feeling?"
- "Do you see queer things in the dark?"

CATARRH OF THE KIDNEYS.

This condition results either from colds or from overwork of the kidneys in separating from the blood the poisons that have been absorbed from catarrh.



M. J. Homan, 33 Thompson St., Raritan, N. J., Cured of Chronic Bronchial trouble.

- "Is your skin pale and dry?"
- "Is your hair getting gray?"
- "Has your skin a waxy look?"
- "Is your hair dry and brittle?"
- "Is your skin dry and harsh?"
- "Do your legs feel too heavy?"
- "Do your joints pain and ache?"
- "Are they cold and clammy?"
- "Is the urine dark and cloudy?"
- "Are the eyes dull and staring?"
- "Is there pain in back of neck?"
- "Do your hands and feet swell?"
- "Have you pain in top of the head?"
- "Has the perspiration a bad odor?"
- "Is there a bad taste in the mouth?"
- "Is there a desire to get up at night?"
- "Are there dark rings around the eyes?"
- "Do you see spots floating before the eyes?"
- "Have you chilly feelings down the back?"
- "Do you see unpleasant things while asleep?"
- "Does a deposit form when left standing?"

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